AUGUST TIDINGS 2018

VOLUME 36 ISSUE 8

First United Methodist Church of Troy
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Appreciation for You.
By Pastor Weatherly Verhelst

It seems impossible, but it's true; I am beginning my fourth year among you at Troy. In honor of this lovely milestone, here's a partial list of what I've learned so far:

1. When using the double doors to the Education wing and back stairs, use the right hand door to exit, and then use the same door (now on the left) to return to the sanctuary. The other door is meant for weight-training.
2. I will never be as grammatically correct as Susan Olesen. She holds eternal laurels in this department, and has beautiful handwriting as well.
3. If you ask Lisa Head to do anything, stand back. A force of joyful ministry is about to be unleashed.
4. Praying with the choir or the bell choir before worship is one of the highlights of my Sunday morning.
5. Larry and Jo Hornbeck and Fran Pruett give wonderful hugs.
6. Jo Ann Horning is a marvelous receptionist, and she has great taste in books.
7. There is no good way to pull into the pastor's parking spot on the first try. Just drive around the parking lot and come in from the other direction. The Trustees will thank you.

"Let love be genuine; hate what is evil, hold fast to what is good; [10] love one another with mutual affection; outdo one another in showing honor. [11] Do not lag in zeal, be ardent in spirit, serve the Lord. [12] Rejoice in hope, be patient in suffering, persevere in prayer. [13] Contribute to the needs of the saints; extend hospitality to strangers."
(Romans 12:9-13, NRSV)

8. There are many people (Paul Clark, Jan Peacock, Art Conley, Tim Teagan, Gale Blair, Doug Smith, Diane Martin, Jeanette Landry, Bernona Fry, to name only a few) who do a great deal of work around the church that no one really knows about. Because of them, our building is more welcoming and our ministry appears effortless.
9. The Trustees Work Area has long meetings, but their refreshments are splendid.
10. I never will be able to fold a round tablecloth as well as Jan Chamberlain.
11. The Vital Church Initiative Team (Robin, Terry, Fred, Sharon, Chuck, Brooke, Jane, Roger) is helping to lead a renewal of spirit and ministry, with the help of many in our congregation. We are blessed to have them here.

I could continue, listing every member and friend of this church for the gracious work you do in our congregation and our community. Please know that even if you are not listed by name, I have seen your heart for ministry and your commitment to this church we share. All of the other listings really come down to this final one:

12. The congregation at First United Methodist Church of Troy is a group of loving human beings who wish with all their hearts to serve God and this community.

I am blessed to serve as your pastor, and I am looking forward to learning more and serving more with you in the months and years to come.

Peace to you,
Pastor Weatherly

Coming in September!

DISCIPLE BIBLE STUDY FAST TRACK

Becoming Disciples through Bible Study

A weekly class for adults - More details to follow!

Our Sunday School classes for all ages will resume on September 9th.

VOLUNTEER

Reception Friends

Volunteers are needed to greet visitors during the morning office hours Tuesday through Thursday. Please contact Fred Dolehanty if you're able to volunteer a few hours.

Wednesday, September 12, 2018
Noah Project sandwich makers needed!

This is a UMW bi-annual activity that takes place in the fall and winter.

We will gather in the church kitchen at 1:00 p.m. and prepare approximately 450 turkey, ham, and cheese sandwiches which are delivered the next morning to the Central UMC in Detroit to feed the homeless. The total sandwich making activity only takes a hour or so.

Join us for a great time and fellowship while contributing to a worthwhile cause. *-Jim Gaul*

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This Month's Scriptures

5 Ephesians 4:1-16

12 John 6:35, 41-51

19 Ephesians 5:15-20

26 Ephesians 6:10-20

Carole Welbaum – Amazing Youth Minister!

Carole came to Troy First in 2009 as the Youth Ministry Director. She has planned and led weekly activities for our Jr. & Sr. high school students as well as special services for Christmas and Easter. In addition, she launched a new mission trip for our young adults to Henderson, Ky and completed seven trips with them. Through all of these activities, Carole has come to know each student and young adult, shown care for each one, has maintained a commitment for their safety and growth, and has earned their respect and trust.

Unfortunately for us, Carole's "day job" as an office manager for an optometrist has increased significantly over the past year. After moving their office to a much more visible location, their number of customers has increased more than expected and Carole has also begun an additional assignment – vision therapy. This new responsibility allows her to work with children and youth customizing a program for each one to train their eyes and their brain to work together on improving visual focus.

The single thing that demonstrates Carole's commitment to youth over decades is the Youth Mission Trip (YMT). In fact, the YMT just completed marks her 33rd trip with the workcamp organizer, Group Mission Trips, providing the combination of bonding, teamwork and assistance to others with spiritual growth.

So Carole has been not only a leader and confidant, but a friend to Troy First's youth and young adults. She will be greatly missed, but we do wish her all the best on her next adventure of life.

p.s. Carole will be honored during Worship and coffee fellowship on Sunday, August 5th.

Stephen Ministry Tidbit

Always remember

You are WORTHY,

You are BEAUTIFUL,

You are IMPORTANT,

You are SPECIAL,

You are UNIQUE,

You are WONDERFUL,

You are TALENTED,

You are BLESSED

You are God's BELOVED!

Sunday August 12

Stop by during Coffee Hour to celebrate

June Lamm's 100th Birthday!

June is a 63 year member of Troy First. Who knows, June may even arrive on a Harley motorcycle, courtesy of Doug Smith. Cake, ice cream and punch will be served by her family members.

Birthday Cards would be lovely!

Save the Dates

Aug 4	Jimmy John's Field Event
Aug 5	Celebrate Carole W.'s Ministry
Aug 5	Super Summer Sunday, Open Mic Night
Aug 8	Stewardship Meeting
Aug 11	Men's Breakfast
Aug 12	Worship
Aug 12	Super Summer Sunday, Meals For Shut-ins
Aug 13	UMW Fellowship Luncheon
Aug 13	**Sept. Tidings Deadline, 1pm**
Aug 19	Worship
Aug 19	Super Summer Sunday, Backpacks for Schools/Water Games
Aug 25	Troy High Band Car Wash
Aug 25	OCTDS, Double Dance, potluck
Aug 26	Worship
Aug 26	Super Summer Sunday, Blessing Bags, Ice Cream Social
Aug 28	Church Council Meeting
Aug 29	First Chancel Choir Rehearsal
Aug 30-31	Cass Community Social Services Tiny Homes

Library Notes

By Jan Peacock

Our 4 newest additions to the Troy First UMC Church library are books that members from the Vital Church Initiative Committee have been asked to read. Remember this is a dedicated group of church members who are studying ways of revitalizing Troy First. The books are:

1. Worship Ways For the People Within Your Reach by Thomas Bandy. **A caveat for this book is to be sure to talk to Pastor Weatherly, Robin Ostergaard or Jane Egermann before you read this one as this is a certain pattern to be followed--you don't just start on Page 1 and read until the end!
2. Renovate or Die Ten Ways to Focus Your Church on Mission by Bob Farr
3. Unbinding Real Life Evangelism the Gospel by Martha Grace Reece
4. The Externally Focused Church by Rick Rusaw and Eric Swanson

These books are found on the Office side of the Church library on the shelf where the previous VCI book were--the shelf is labeled.

Another book that has been added to our collection is an English translation of the Qur'an. I'm sure we hear a lot of opinions about what is written in the Qur'an so it might be interesting to read sections of it. The book is found on the Office side of the library at 297 Q.

Memorial Book Focus

	In Memory Of	Perpetuated In
August 5th	***Charles W. Murray***	***Candelabras with Permanent Candles***
August 12th	***Lois Ruth Taylor***	***Candelabras with Permanent Candles***
August 19th	***Edgar J. Seyb & Robert R. Seyb***	***Handbell Choir Items***
August 26th	***Claire Laverne Gordon***	***Gold Altar Vases***

The Memorial Garden Book Focus for the month of August
William Earl Hale

Thank you, thank you, thank you to our Troy First Church Family . . .

the prayers, cards, calls, texts, warm thoughts, emails, flowers and food have surrounded me with love and healing. The new right hip is doing

better every day and hopefully, by the time you read this, the left hip will be in place and doing just as well. Thank you!!

Each and every one of you is so very special!

Blessings on you always,

Jo Hornbeck

"How wonderful it is to hear the bells play" is what I hear all the time, so thank you for that.

However, we need players to keep this program going, especially new Ringers.

The beginning Choir is for all ages who have never played bells before and this is our feeder Choir for the Jubellee. As of right now, I have no one interested in the beginners which means that the Jubellee will not be able to function next year since we always have wonderful seniors that do graduate.

Please consider joining the beginner group so we can continue our music.

Genesis meets on Mondays from 4:30-5:30 every week. Anyone 4th grade to adult can join.

We always can use players in the Jubellee and Bellissima choirs also. These groups are for more experienced music readers. So, even if you would just like to try it out, please see or call me at 248-210-6961.

Blessings to all of you for considering this special ministry,

Sheryl Dukes, Handbell Director

Connections

God – Church - Community

What:	**Christian fellowship** for **spiritual growth, missions** and **fun**
Who:	**Adults**. Church membership not required.
When:	1st & 3rd **Thursdays 7:00 – 8:30 PM**
Where:	**Troy First UMC Chapel** (exceptions noted below)

FALL 2018

9/6	*Topic:* "Music in the Key of God" – Peggy Barry Bartz	11/1	*Topic*: "Food for the Soul" Scott & Patti Aurand
9/20	*Fun Activity*: Movie: "Unbroken Path to Redemption" @ MJR Troy Theater with chat/coffee at Tim Hortons 1905 E. Maple Road following movie	11/15	*Mission*: Jenna Kast Foundation
10/4	*Topic*: Paul's Missionary Journey	12/6	*Topic*: Christ's Light in the World
10/18	*Mission*: Hymn Sing @ Oakmont Senior Center	12/20	*Fun Activity*: Christmas Party (details to follow)

Super Summer Sundays aka S3

Every Sunday!

June 24 - August 26, 6:30 - 8:00pm

Were you able to come to our first event, the Ice Cream Social? If so, then you know how much fun we had! And there's more to come! Every week is different and every week is family friendly.

Here is the upcoming schedule:

August 5 Open Mic Night -- Do you play a musical instrument? Good at telling jokes?? (appropriate only, please) Have a beautiful singing voice? Other hidden talent? Then this is your chance to show it off. Come prepared to perform. This will be an indoor event; check the Board at the entrance for the location.

August 12 Preparing Meals for Hospital Returnees/Shut-ins -- Do you secretly want to be a chef? Do you know how to turn on an oven? Open a freezer door? Stick on a label? Do you want to help members of our congregation who may need a meal or two during a difficult time? If so, bring your apron and come help us fill our freezer with meals that will be distributed to those who have recently returned from the hospital or have other needs. The more helping hands we have, the faster the tasks will be completed.

August 19 Backpacks for Kids in Need/Water Games -- We are hoping to assemble 5 backpacks to be distributed to local elementary students. The items we will need are: pencils, erasers, glue sticks, wide-ruled spiral notebooks, folders, colored pencils, crayons, scissors, markers (not Sharpies!), pencil cases. Then join us for family fun and water games!

August 26 Ice Cream Social/Assemble Blessing Bags -- Our final S3 event of this summer. We had a great turnout for our first Ice Cream Social and we plan on hosting even more at this one! We will also be assembling Blessing Bags to be distributed to homeless individuals. The items needed to complete these bags are listed on the next page of this newsletter.

Super Summer Sundays

now sponsoring

Blessing Bags

for

The Homeless

HELPING THE HOMELESS
ONE BAG
AT A TIME

Beginning on July 1, we will begin collecting items to make 'Blessing Bags' to be distributed to homeless individuals. Here is a list of items needed:

- ◊ Water bottle
- ◊ Washcloth
- ◊ Soap
- ◊ Chapstick
- ◊ Comb/brush
- ◊ Quarters
- ◊ Granola bars/ crackers
- ◊ Applesauce/fruit cups
- ◊ Socks
- ◊ Individual hand wipes
- ◊ Bandaids
- ◊ Toothbrush/small toothpaste
- ◊ Gallon Ziploc bags
- ◊ Small pack of facial tissues

The Blessing Bags will be assembled and blessed at our last S3 get-together in August. Look for a bin in Mercer Hall to collect items beginning on July 1.

So, mark your calendars! Come to one or come to all of our S3 events throughout the summer! There is something for everyone! This is a perfect chance to invite that neighbor or friend to attend a fun event, and it just happens to be at our church! Questions?? Contact Brooke Schocke or Robin Ostergaard.

Super Summer Sundays

August 19th

Assemble Backpacks + Family Water Games!

Our goal is to assemble 5 backpacks to be distributed to local elementary students. We need these items:

- ◊ Pencils
- ◊ Erasers
- ◊ Glue Sticks
- ◊ Folders
- ◊ Wide-Ruled Spiral Notebooks
- ◊ Colored Pencils
- ◊ Crayons
- ◊ Scissors
- ◊ Pencil Cases
- ◊ Markers (not Sharpies!)

Same Night! Water games for the entire family!

Bring your Super Soaker, Wear your bathing suit!

Troy First UMC Jimmy John's Field Outing

Saturday, August 4

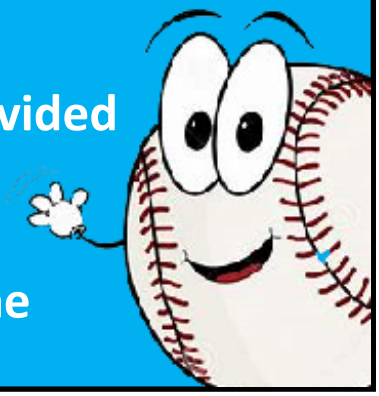
Arrive 6:00pm

Ballgame 7:05pm

Cost $12 Grandstand Tickets, No Food Provided

Fun for the Entire Family! Kids too!

Kids Run the Bases Following the Game



CROP WALK FINAL NUMBERS AND COMMUNITY THANKS

(From a letter received from Sharisse Myren and Judy Roberts, Coordinator and Treasurer for the Clawson/Troy CROP Hunger Walk)

Congratulations and thanks for another successful CROP Hunger Walk! 2018 had an excellent turnout, with a total of 150+ walkers representing 13 communities of faith and civic organizations.

The total amount raised for this year was $12, 690 (as of July 4, 2018). Well done!

On behalf of Church World Service, and all the people they help both locally and around the globe, a hearty THANK YOU and GOD Bless. In addition to providing support around the globe, 25% of the funds will make a difference right here in our area, supporting the Clawson Food Pantry ($1,850.50) and Troy People Concerned ($1,247.00).

Save the date for next year's Walk – May 5, 2019!

Bunches of Thanks

For those of you who normally sit on the south side of the sanctuary (that would be the left side of the sanctuary as you look from back to front for those who are directionally challenged) you may have noticed a change on the second Sunday.

After years of faithful service on our Usher-for-Life Program, Chuck Tincknell asked to be relieved from his duties as he relocated to the west side of the state. Chuck was also one of our liturgists. Remember Chuck as he enters a new phase of his life, and we offer our condolences on the recent passing of his father.

Replacing Chuck on the second Sunday team is Scott Williston. Scott and Michelle have been faithful members of Troy First for many years. Their children (Geoffrey, Sarah, Krista, and Bradley) have grown up at Troy First and participate in many youth activities. When you see Scott, please welcome him to our usher staff. Scott already has a capable sub in Michelle.

Here's another "thank you". For 40 years I have been ringing the church bell at 9:50 a.m. Occasionally, I would have one of our youth such as Caeley Smith ring it for me, but always at 9:50. I also ring the bell for weddings, funerals, baptisms, Christmas Eve, and whenever Weatherly asks me. Now, because of Fran Pruett, Sunday morning ringing CAN take on a new meaning.

Fran asked me if I could ring the bell in memory of her father who rang their church bell for many years. Because of Fran's request, I asked Weatherly what she thought of using a sign-up sheet for folks who would like the bell rung on Sunday morning in memory or in honor of someone or to commemorate a special event. Weatherly liked the idea, so there is now a sign-up sheet outside the church office. Just remember, if you do want the bell rung, you need to be at church by 9:50 if you want to hear it. I'm too old and too programmed to go to a new time (unless, of course, Weatherly pulls rank on me!) Thank you, Fran, for planting the seed for this new ministry.

Now, on those infrequent occasions when I'm not available, Brian Urbach has agreed to fill in for me, after he has been properly trained in the fine art of bell ringing. By the way, for those of you who may not be aware, our bell is rung manually by pulling a 30-foot rope. Nothing is automatic. So, thank you, Brian, for your willingness to fill in as a bell ringer.

— Doug Smith

BIG SABLE POINT LIGHTHOUSE, LUDINGTON

Would you like to live in a lighthouse by the lake? Ask me about how you too can be a lighthouse keeper. ***Sable Point Light House Keepers Association*** **(SPLKA)** runs 4 lighthouses in West Michigan and volunteers conduct tours, maintenance and work in the gift shop.

I will be volunteering at Big Sable Point Lighthouse August 6 - 19 in Ludington at the State Park.

This is my 9th year and I also have worked at Ludington North Breakwater Light. It would be great to have you visit this great landmark and climb to the top.

The Lighthouse is located on the beach, a 2 mile hike from the State Park. But if you can't walk that far, on Aug 9, they will have one of their bus days (from 12 noon to 5pm), where they will bring you out to the Lighthouse from the state park for an extra fee. They also have a concert that day.

The Lighthouse is open every day (May- Oct) from 10am to 5pm and tours are $5 for Adults and $2 for those under 12.

HOPE TO SEE YOU THERE!

Kathy Sobanski

Text or email: 248-703-3801

sobanskk@yahoo.com

MANY THANKS – We have Shelves!

Thanks to Stephen and Brooke Schocke, Zach Earp, and some talented members of our UMYF, we have new shelves in the toddler room for toy storage. Stephen received a generous grant from his employer, Thrivent, as a part of their commitment to making difference in the world through service in our communities.

Equipped with Stephen's trusty plans, some tools, and some rocking blue paint, Stephen, Zach, Katie Stover, Colin Mile, and Claire Matthews gathered to build the shelves on June 16th with Pastor Weatherly and Craig Verhelst, Brooke Schocke, and various small Schocke helpers. (Thank you, Renee, Leif, and Beth!)

The beautiful shelves were painted on June 21st, with help from Kristin, Kaleigh, and Erika Truelove, Pastor Weatherly, Lori Ann and Lane Ann Rumel,

and the Schocke family. Apologies if I missed any helpers; there were many enthusiastic hands to complete the project!

Win: we now have shelves for our youngest church members to use. Double win: our youth gained valuable building experience as they prepared for the youth mission trip in Erie, Pennsylvania. Greatest win: we had a chance to work together as a church to do a project that will benefit our congregation and community for many years to come.

Thanks to everyone who led and participated in this wonderful work!

Greetings Troy First Church Family,

Would you be interested in providing a church-based program for Mothers of Preschool Children (MOPs)? A training program for volunteers will begin in August and the program will begin in September.

Below, please find some great information about MOPs, as well as a Sample MOPs Program. If you are able to volunteer a few hours once a week, please contact Fred Dolehanty.

Sample MOPS Program

(Actual program time to be determined)

9:15-9:30 Greet moms, direct room/MOPPETS, make coffee

9:30-9:40 Grab a cup of coffee & something to eat and name tag/sign in

9:40-9:45 Introductions

9:45-9:55 Ice breaker

9:55-10:15 Video segment follow the link and use password (Freedom)
https://vimeo.com/207701377

10:15-10:45 Discussion/craft

10:45-11:00 Prayer/wrap-up

MOPS is an international **COMMUNITY ENGAGEMENT** offering that equips churches with resources to engage young families in our community.

MOPS has been **PARTNERING** with local churches to reach out to young moms and their families for over 40 years and it's still going strong.

MOPS **OFFERS LEADERSHIP DEVELOPMENT** for leaders through webinar training, personal coaching and local and national training events. Many pastors and women ministry leaders come from MOPS leadership.

A MOPS group at our church can **ATTRACT MOMS** and their families to our church. Moms that wouldn't feel comfortable showing up on a Sunday morning will come to MOPS on a Tuesday morning, start to feel comfortable at our church, meet moms from our church, and begin coming with their families on Sunday morning.

MOPS **INTRODUCES** moms and children to Jesus through relationships with other moms.

A MOPS group serves as a **BRIDGE** from our church to young families in our community.

Our church is ready to register our MOPS group as soon as we have: 1-3 leaders (1. **Coordinator** (essential), **2. Finance Leader** and **3. MOPPETS LEADER**) to start and lead the group. (Our leaders may be moms/women of any stage-young moms or mentor moms). **Would you be the leader to step forward and lead?**

Fred Dolehanty would welcome your questions about the program and to know you'd be interested in volunteering with this great group. His phone number and email address can be found in the church directory, or feel free to call the church office. We're here to help!

MISSION POSSIBLE 2018

Faith-filled Service to Others

It's Time to Sign Up for the Road Rally!

When: Saturday, September 8, 2018, 4:30 pm

Where: meet at First United Methodist Church of Troy at 4 pm, drive around Rochester Hills and Troy, end at undisclosed location for dinner and prizes

Who: you, your friends and family, your neighbors, anybody who enjoys puzzles

Usually there are four people per car – we will combine smaller interested parties.

Sign up in the CLC after Worship on July 29, August 5 or August 12. You will receive a list of necessary items at the time of sign up.

Cost: $25 per person, includes dinner

Questions: Contact Jane Egermann 248 879-5512 or jane48085@yahoo.com

We need a minimum of 36 people (9 cars), so please sign up as soon as possible.

We were glad to receive a letter from Princess Jusu, who we hosted in March. Read more below, to find out about the wonderful ministry she continues in Liberia. — *Pastor Weatherly*

July, 2018

Dear Friends,

I greet you in the name of our Lord and Savior, Jesus Christ. Once again, I am very grateful and thankful for all of your prayers and support. Responding to my mission service call is possible because of your prayerful support. I would like to appreciate friends, partners and churches that hosted me during my period of itineration, the reception was quite overwhelming. I arrived Liberia safe and sound and I was warmly welcome back by the students and staff.

Above: With Students during my Welcoming from itineration

Training Center

The training center continues to be our primary focus of ministry. It provides skill training for the needy women, young and old. Through this venture we hope to empower women with a marketable skill. We have enrolled new students. For sewing class, we have enrolled 15 new students and 15 students for art and craft. As we keep on enrolling more students to the sewing class we need more sewing machines which will cost $150 for one.

The diversity of classes offered gives the women better choices of skill(s) that can be marketable to earn a livelihood. We still aim to move women from subsistence markets to profitables ones.

Left: Sewing Class

Right: Art and Craft Class

Pastry Class

Our pastry section has also been into making donuts, fishpies, corn bread, banana bread, cassava bread and basic bread, etc.

Left: Pastry Class

Girl's Dormitory

We appreciate all the supports from partners, friends, family and churches geared toward the completion of the girl's dormitory. The dormitory is now in use for women who come from the rural areas however, there is still some work to be done and there is need for furniture, tiles and final electrical installation. The newly dedicated dormitory now have access to provide housing for many of the delegates to the Liberia annual conference (UMW). We are also appealing for your support in fencing the girls dormitory for security reasons.

I facilitate with you to remember the girl's dormitory and support. Do not also forget to support my missionary salary through Covenant Relationship: Advance #13037Z. You may also support my ministry by giving to Girl's Dormitory at Women's Leadership Training Center: Advance #3021062.

Sincerely Yours.

Princess Jusu
EMAIL: pjusu@umcmission.org

The First United Methodist Church of Troy
6363 Livernois, Troy, MI 48098-1598
(248) 879-6363 Fax (248) 879-7552

JOB POSTING – June 6, 2018

Young Adult and Youth Ministries Director

Position Description:

Troy First is seeking a leader to encourage, develop, expand and maintain our young adult and youth ministries. This Christian servant will inspire spiritual, educational, missional, evangelical Christian leadership and personal growth in the young adults and youth of our church and community. This leader must communicate effectively with junior and senior high youth, young adults and parents. This person must recruit and train adult youth ministry servants and participate with the pastor and staff to provide an effective leadership team.

Essential Job Functions (may include, but not limited to)

- **UMYF:** recruit and train adult leaders, plan weekly meetings and events. Find resources, work with student leadership on developing leadership skills, organize events such as Trick or Trunk, fundraising events, plan overnight retreats and consider midweek breakfast spiritual gatherings.
- **Youth Mission Trip:** Plan and organize the trip including fundraising events Dinner Auction, car washes, etc.) and recruiting adult chaperones.
- **Youth Worship:** plan Easter Sunrise Service, Youth Mission Trip Sunday, 4:30 Christmas Eve Service and Lenten Events.
- **College Ministry:** Maintain contact with college students through email, Christmas letters and write reference letters.
- **Young Adult Mission Trip:** Plan and organize young adult mission including supporting fundraising activities and recruiting chaperones.
- **Mission Possible:** organize and develop appropriate middle school mission activities and spiritual growth moments, and recruit adult and youth volunteers

Necessary Skills and Experience:

- Education and experience in young adult and youth ministries
- Member of a United Methodist Church

Worktime and Compensation:

- Worktime 15- hours/week depending on job functions. Compensatory time off following intense periods of planned events such as Youth and Young Adult Mission Trips.
- Compensation to be determined. There will be no paid time off and no medical or other benefits.
- Duties will involve evenings and weekends
- Expected worship attendance 48 Sundays annually

Applicants should submit their resume by email to troyfirstumc.sprc@outlook.com or to the Church Office attention Chairperson, Staff Parish Relations Committee. Job Posting until position is filled.

Security/Medical Committee August 2018

UPDATE:

Our Security/Medical Committee continues to meet on a monthly basis in order to better prepare our Church to be pro-active when facing on-site emergencies.

The Committee has researched/discussed/implemented the actions described below.

Response Team

We now have a nurse or other qualified professional designated to cover each Sunday. They're in the Sanctuary and ready to respond to a medical emergencies.

Training

CPR (including AED), First Aid and 'Stop-the-Bleed' training will be offered sometime after October 1st. Security/Medical Team members, ushers and other members of the congregation who would like to take advantage of this opportunity, will be offered this training. We may also offer "Active Shooter" Training to make us aware of the various scenarios we might face during one of these frightening situations. We will let you know when we have these scheduled.

Exterior Doors:

Doors are locked as follows:

Kitchen Door: Locked at 9:40

Doors: 1 & 2 Locked at 10: 10

Signage, plus wireless doorbells have been installed at Doors 1 & 2 with receivers placed at the Usher's station so late arrivals can be let in and in the Office for daily situations.

Classroom Doors:

All doors are to be locked, although the doors will be propped open. Thus, in an emergency situation, teacher will just need to close the door and drop the Security Shade. (Security Shades have been installed on 22 classroom doors, Chapel, etc.) Signage has been placed, noting shades must be up at all times, except in emergency situations, in order to maintain our Safe Sanctuary guidelines.

Active Emergency Situation Communications:

Hand-held radios have been secured and will be provided to those involved with our Sunday programs (i.e., Trustee on Duty, Security Monitor, Head Usher, Facility Coordinator, Elementary Coordinator, Teachers, etc.) Initial training will also be provided. These units will be charged/ stored in the Work Room, adjacent to the office.

Security/Medical Committee August 2018
(cont'd)

Stop-the-Bleed

Four 'Stop-the-Bleed Safety Kits', along with additional tourniquets are now on site, (1 each at Pulpit, Sound Board, Usher's Station, and Mercer Hall First Aid Kit.) As noted above, formal training will be arranged shortly. The equipment and training will help us to respond better to trauma situations.

Procedures/Teams

A formal 'Threat and Perceived Threat Safety Action Plan' has been written and will continue as a "work-in-process." Codes and Actions are in place to deal with a number of threat potentials. Internal/external communications have also been formulated to keep the Security Team and Congregation apprised. The two way radios, along with 'ADT Emergency Lanyards' will be in use by the Security Monitor and others. A dedicated Security Monitor will be on duty at Door #2 from approx. 9:30am each Sunday morning, to 10:10am when the Trustee-on-Duty will lock the door. The Monitor should scan the parking lot camera feed and those entering Door #2, to hopefully either stop the threat before entering the building and redirect the threat, if it is already inside. The TOD will also be an integral part of this process. After our service, the Monitor should return to Door #2 to continue watching those in the lot and those approaching our door. We will continue to fine-tune this Plan to more fully address all aspects of our Sunday morning experiences.

Safety-Security/Medical Committee Contacts:

Andrew Barnes	(812) 552-6074
Laura Barnes	(248) 219-5205
Gale Blair	(248) 765-1937
Martha Blair	(248) 765-9975
Art Conley	(248) 953-9919
Lisa Head	(248) 797-5360
Jeff Olesen	(248) 928-4806
Pam Olesen	(248) 225-7044
Doug Smith	(248) 953-5300
Tim Teagan	(313) 719-4290
Pastor Weatherly	(989) 598-6506
Bill Wesp	(248) 606-8411

HEALTH PROS

Enjoy that Pool or Lake

Who doesn't enjoy a dip in a pool or lake on a hot summer day? Go ahead and enjoy it and the health benefits that result. Yes, it doesn't just cool you off, it can make you healthier as well. Water- based exercise can improve blood pressure, cognition, burn calories, and strengthen muscles including the cardiovascular system just as land-based exercise does.

Water provides more resistance because water is denser than air. You notice this when walking in water versus walking on land. Water also provides buoyancy (lessens the effect of gravity) and these two advantages challenge the muscles without putting as much pressure on joints. This allows movement through a wider range with less discomfort.

According to Consumer Reports a British study of the Geriatrics Society in 2016 showed that two water workouts per week significantly boosted the physical functioning of healthy individuals over the age of 50. Muscular endurance and aerobic power as well as agility and flexibility improved. This is probably also true for those under age 50.

The best kind of exercise is one you will do and generally water exercise is preferred by many people. Perhaps this is true because aquatic exercise feels easier and you can work at a higher intensity. You can do resistance band exercises in chest-high water or walk briskly in the shallow end of the pool. People may like to try an aquatic group fitness class to make this more enjoyable but whatever you choose you should do it at moderate intensity at least twice per week.

One can exercise simply by swimming in a lake or pool regularly. Or, perhaps you want to try water walking (that is in the water, not on it). Once the summer season is over you may want to continue at a fitness center or community pool where you can swim on a year- round basis. Classes in Aqua Cycling, Aqua Pilates, Aqua Yoga, or Aqua Zumba may also be offered.

Blood Drive

Wednesday, Sept. 5 - 1:00 - 6:45pm in the CLC

Thanks to all those who were able to donate blood on June 27. We collected 25 units which can save up to 59 lives! If you weren't able to give then, you will have another opportunity on Wed., September 5th in the CLC. Since this is close to Labor Day it helps to replenish the supply after a holiday, when donations are down.

Giving blood is important to help those who are injured in accidents, having bleeding issues, leukemia or other cancers and many more. Please consider donating. You can sign up in the CLC on Sundays in August.

ACTIVITY	August 5	August 12	August 19	August 26
GREETERS	Bev Holmes Elise Norwood	Sharon Aho Larry Hornbeck	Robin & Kaj Ostergaard	Jan Bancroft Barbara Strozynski
USHERS	Ed Freeland Terry Pritchett Mary Smith Doug Smith	Jeff Olesen Pamela Olesen Tom Stevens Scott Williston	Patti Aurand Andy Barnes Laura Barnes Brian Urbach	Jo Hornbeck Lyle Pushman Roger Steiger Kristin Truelove
LITURGIST	Jan Peacock	Keith Sadlier	Marie Watson	Ed Freeland
ACOLYTES	Please volunteer!	Please volunteer!	Please volunteer!	Please volunteer!
BIBLE CARRIER CRUCIFER	Please volunteer!	Please volunteer!	Please volunteer!	Please volunteer!
SOUND /VIDEO ENGINEERS	Steve Olsavsky Anneliese Theut	Bradley Williston Krista Williston	Jane Egermann	Joe Meek
COFFEE HOUR HOSTS	Connections	Joyce Bauman	Jane Egermann Elise Norwood	Strong Family
MONDAY COUNTERS	Mary Jo Johnston Bunny Schultz Sharon Smith	Brooke Hartrick Mary Jo Johnston Tim Teagan	Jane Egermann Bev Holmes Jayne Saeger	Chris DeVilling Marie Watson Michelle Williston
TRUSTEE ON DUTY	Lori Ann Rumel	John Abdo	Paul Clark	Lori Ann Rumel
FLOWERS ON THE LORD'S TABLE	Cathy & Jim Gaul in memory of Roberta Leach	Joyce Bauman in honor of June Lamm's 100th birthday and the Abdo's in honor of Brianne's 21st birthday	Kim Urwiller in celebration of Bob's birthday	Barb & Randy Strozynski in memory of our daughter Kelly
SPIRIT SEEKERS K-5TH GRADES	No Spirit Seekers	Movie with Doug & Holly Goudie	Movie with Rick & Kelly Maldonado	Movie with Michelle Williston & Kathy Sobanski
NURSERY (NEWBORNS AND CRAWLERS)	Please Volunteer!	Please Volunteer!	Please Volunteer!	Please Volunteer!
TODDLERS (WALKERS-2 YRS.)	Please Volunteer!	Please Volunteer!	Please Volunteer!	Please Volunteer!
3 AND 4 YEAR OLDS	Please Volunteer!	Please Volunteer!	Please Volunteer!	Please Volunteer!

August Birthdays and Anniversaries

1	Kim Abdo, Lois Durnil, John Julian Jr., Sharon & Ken Ostrander	16	
2	Donna & Roger Klungle, Linda & Rick Wright	17	Rick Wright, Becky & Andy Frank
3		18	June Lamm, Laurie Urbach, Emily Woods
4	Andrew Aurand	19	Linda DeVilling, Lori Decker & Jeffrey MacLean
5	Madison Abdo, Kathleen & Jonathan Strong	20	Brianne Abdo, Jennifer & Michael Voight
6	Bill Schaper, Riley Smith, Nathan Strong	21	Brendan DiBartolomeo, Sheryl & Craig Dukes
7	Cathy Miller, Carole & Mark Bauer	22	George Berquist
8	Gerda Clark, Thomas Head, Linda & Lyle Pushman	23	Steve Pushman
9	Traci Elliott, Larry Hornbeck, Lloyd Melton, Jan & Rich Peacock, Ginnie & Bob Whitford	24	
10	Karen Belt	25	Allison & Jeremy Geist
11	Jan Melcher, Linda Pushman, Randy Wilson, Gloria & Ed Freeland	26	
12	Allison Geist, Erica Truelove	27	
13	Kathleen Strong, Ann Marie & Kevin Jakobiak	28	Jayne Saeger, Alexandra & Joe LaCombe
14	Kim Rawlings	29	
15	Patti & Scott Aurand	30	Brianna Geggie, Meghan Rhoades
		31	Scott Aurand, Gary Elliott

If we missed your birthday or anniversary
please call the office at 248.879.6363
or email Jayne at jaynekocsisfumc@gmail.com

New Tidings Deadline is the 2nd Monday of each month, 1pm

September Tidings Deadline: August 13, 1pm

Please email all articles and information *as early as possible*
to Jaynekocsisfumc@gmail.com